



**“E Ala Na Moku Kai Liloloa”**

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& Pipeline Bodysurfing Classic**  
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**Happy 72nd Birthday!**

**NORTH SHORE NEWS February 8, 2023 VOLUME 40, NUMBER 2**



Luke with Mayor Blangiardi and fellow C&C Lifeguards

Photo Courtesy of Honolulu City and County

**Congratulations Luke Shepardson!**  
**2023 Eddie Aikau Big Wave Invitational Champion**

On January 25, 2023 Mayor Blangiardi visited with North Shore lifeguards at Waimea Bay, Sunset Beach and Laniakea to thank them for all their hard work and dedication to keeping everyone safe all year long but in particular during

the high surf event at Waimea Bay. The Mayor's main visit to the North Shore was to meet with Luke Shepardson. The meeting took place at Rock Piles and was also attended by Lt. Atwood, Dr. Jim Ireland, Luke's brother and fellow

C&C lifeguards.

Mayor Blangiardi wanted to honor Luke for his incredible achievement on Sunday, January 22 for his impressive victory at Waimea Bay and for his service to the community and the City by proclaiming January 25, 2023 'Luke Shepardson Day' on O'ahu.

Congratulations Luke, the North Shore community is proud of you!

PRSRT STD ECRWSS U.S. POSTAGE PAID HONOLULU, HI PERMIT NO. 1479	<b>RESIDENTIAL CUSTOMER</b>  *****ECRWSSIEDDM****
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Waimea Bay - Luke Shepardson winner of the Eddie Aikau Big Wave Invitational Photo: @banzaibetty



Mayor Blangiardi meets lifeguard Rémi Nelon (left) and Emi Erickson , both big wave surfers. Emi was one of six women to compete in the "Eddie" this year. Photo: @banzaibetty

TUESDAY MARKET WAIALUA PRESENTS

# MARDI GRAS TUESDAY!

**FEB 21 @ 3 - 7 PM**

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*Menu*

*1<sup>st</sup> Course: Sashimi Sampler*

Thai Snapper, Ora King Salmon, Seared Ahi

*2<sup>nd</sup> Course: Nigiri Sushi*

Ahi, Saba, Halibut (2 Pieces Each)

*3<sup>rd</sup> Course: Seared Scallop Roll*

Avocado, Cucumber, Deep Fried Futomaki  
with Shiitake, Egg, Kampyo, Crab, Tobiko

*4<sup>th</sup> Course: Choose 1*

**Grilled Hamachi Collar,**

Duck Fat Fried Rice, & Grilled Asparagus  
with Sous Vide Egg, Nori Dressing,  
& Pickled Japanese Root Vegetables

OR

**Soy & Sake Braised Bone-In Beef,**

Duck Fat Fried Rice, & Grilled Asparagus  
with Sous Vide Egg, Nori Dressing,  
& Pickled Japanese Root Vegetables

*Dessert: Macaron Trio*

Toasted Coconut, Mocha,  
Red Raspberry



**KAMA'ĀINA THURSDAYS: FREE** kama'āina admission from 12 - 3 PM every Thursday before the Hale'iwa Farmers' Market

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Dear Editor:

Community Thwarts Latest Dillingham Ranch Development Plan

A group of six North Shore residents calling themselves the Protect Mokulē'ia Hui, led by group member and local attorney Mike Biechler, are celebrating what they say is "a major victory" after their challenge to the groundwater use permit for a 72-house subdivision resulted in the developer canceling its plans. The subdivision, which was slated to transform the historic Dillingham Ranch property in Mokulē'ia into a large lot subdivision on agricultural land, was being bankrolled by California luxury developer Kennedy Wilson Holdings Inc. In a letter filed with the Commission on Water Resource Management on January 23, 2023, the Kennedy Wilson's attorney stated that the developer was unable to meet the deadline for final subdivision due to the "uncertainty of how water would be provided to the subdivision."

Protect Mokulē'ia Hui says this most recent twist in its water challenge is a huge win for the community and the environment regardless of why the developer chose to change course. "We are almost three years into our contested case with the Water Commission, so this came as a surprise. But we are optimistic that this means the harmful impacts on coastal ecosystems caused by developments can be delayed in this area for a few more years. We also know we need to stay vigilant because there is a lot of development pressure in the Mokulē'ia area right now."

Protect Mokulē'ia Hui argued that the water needed for the 72-house subdivision would cause significant environmental damage to the marine environment, negatively impacting local sea life and interfering with traditional and customary Native Hawaiian practices that rely on the water existing in its natural state. "We're incredibly proud to have achieved this important victory," said Mike Biechler, who represented Protect Mokulē'ia Hui in the Water Commission hearings. "It was a long and difficult process but, ultimately, I think the developer finally had to consider the fact that we were going to be able to demonstrate at the hearing that the developer's plans posed an unacceptable risk to important cultural practices in the area and to our local marine environment and wildlife." The group says it now hopes to work with state and local government leaders as well as private land trusts to find alternative ways of celebrating this sensitive land and protecting it for future generations.

Protect Mokulē'ia Hui

Dear Editor:

Why is Hale'iwa a Historic Town?

The Hale'iwa Theater was torn down in 1983 which sparked the movement to protect Hale'iwa Town and its historic buildings. I think nearly everyone living here has seen photos of it. Designed by a preeminent architect, Hugo Fuchino, it was truly an amazing theater. Built in 1931 of lava rock and cement or "sugar stone," it seated 900, had a stage, trap door, dressing rooms and an orchestra pit that hosted live and Kabuki Theater. Later, it was primarily a movie theater.

Out of its destruction, the Hale'iwa Historic, Cultural & Scenic District was established in 1984 and is part of the City's Land Use Ordinance now referred to as the Hale'iwa Special Design District (HSDD). Following the HSDD, the Hale'iwa Main Street program was established in 1985 whose mission is "Economic development through historic preservation." Hale'iwa Main Street, a 501c3 non-profit, now does business as the North Shore Chamber of Commerce and was once seen as a complement to the HSDD.

The HSDD is the area along both sides of Kamehameha Hwy. from Weed Circle all the way to Papailoa Road and along Hale'iwa Road, up to and including the boat harbor. There are special rules regarding design of buildings, signs and preserving the view planes (mountains and ocean along Hale'iwa Beach Park) that all of us need to follow to keep Hale'iwa historic and special. A building is defined as any structure that does not move and it must obtain an HSDD permit before applying for a building permit. More info at Zoning and Special District Design Guidelines in Chinatown ([historichawaii.org](http://historichawaii.org))

Antya Miller

## North Shore Neighborhood Board Meetings #27

**Next Meeting: Tuesday, February 28, 2023**

4th Tuesday of Every Month - 7pm  
at Waiialua Elementary School Cafeteria  
67-020 Waiialua Beach Rd.

Regular meeting agenda found at:  
[www.honolulu.gov/nco](http://www.honolulu.gov/nco)  
To view previous meetings go to:  
[olelo.org/olelonet](http://olelo.org/olelonet)

Continued Letter to the Editor

Dear Editor:

Thought you might like this. I found out that you can submit a screenshot of the map or satellite photo of places with potholes that need to be repaired ( I annotated a star in the exact location on the map I recently sent them) at this site.

You can submit a photo and geolocator via Honolulu's 311 app. It's not an email address, but does accomplish what you want to do -- submitting a photo and exact location.

Here's information about the app, <https://www.honolulu.gov/it/default/224-site-dit-cat/34774-honolulu311.html>

Bill Romerhaus



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**AND MUCH MORE!**

# KA PAPA KAI

**MARINE SCIENCE FOR YOUTH PROGRAM**

**WINTER/SPRING 2023  
REGISTRATION OPEN NOW!**

Ka Papa Kai is a fun, hands-on marine science program designed to educate and inspire ocean stewardship in youth, grades 4-8.

The Winter/Spring KPK program will take place in person twice per month on Saturday mornings at the Pūpūkea Marine Life Conservation District from March-June.

Program fee: \$100 per participant (instruction, program materials, supplies)

Request info & registration forms by emailing [mpweducation@gmail.com](mailto:mpweducation@gmail.com).

Space is limited. Registrations accepted in order received.

@malama\_pupukea\_waimea [www.pupukeawaimea.org](http://www.pupukeawaimea.org)





# NORTH SHORE REAL ESTATE TRENDS

by Richard Sterman (R) of Sterman Realty

## The North Shore

In this article, I won't write about any specific North Shore "Real Estate" trend, but a "Trend" that our North Shore has become one of the most special places to live on this planet!

I know I'm "Preaching to the Choir" when it comes to listing the 'reasons' for this Trend, however, here are just a few:

- Our weather... the best on the planet!
- Our beaches and surf... the best on the planet!
- Our trade winds and sunsets... ditto!
- Our quaint historic towns... wonderful!
- Our available outdoor activities... besides SURFING, we have some of the best: boating, fishing, diving, hiking, biking, sailing, windsurfing, horseback riding, polo playing, soccer playing, skate-boarding, moto-crossing, whale watching, beach going, art touring, restaurant visiting and, of course, meeting some of the most diverse and wonderful people in the world!

All the above, and more, has become known as "The North Shore of Oahu"!

*Richard Sterman has been serving North Shore's real estate needs for over 40 years. He is the owner and Principal Broker of Sterman Realty, the largest Full-Service real estate company on the North Shore. You can contact Richard by emailing Richard@Sterman.com, going to www.Sterman.com or just calling 808.638.8600.*

## North Shore News

Next Issue: Health & Wellness  
Publication Date: March 8  
Deadline Date: February 24

April Issue: Agriculture & Farming  
Publication Date: April 5  
Deadline Date: March 24

For information and special ad rates call (808) 780-8037

# Mālama Hawai'i MAKERS MARKET HALE'IWA TOWN

Held every 3rd Saturday of the month! 10am-3pm

@ Waialua Community Association  
66-434 Kamehameha Hwy. Haleiwa, HI



A curated pop-up market featuring Hawaii's premier local makers



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## PAALAA KAI BAKERY SUPER SAVER

Happy Valentines Day!

Purchase a dozen of our classics below and get a 20% discount or a \$5 gift certificate!

- Cinnamon Roll
- Chocolate Croissant
- Ensamada
- Cream Puff

This offer is valid from February 8 - 21, 2023. This offer cannot be combined with other promotions, offers, or discounts. Mahalo and have a great day!

Your Hometown North Shore Bakery

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Right Next the Paalaa Kai Mini-Mart



**Councilmember**  
**Matt Weyer**  
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Aloha Neighbors,

I first want to say congratulations to North Shore's own Luke Shepardson for his success at the Eddie, and mahalo Luke for serving our community as a Honolulu Ocean Safety lifeguard. I also want to acknowledge and mahalo all of the wāhine that competed in the Eddie, making this the first competition to have women participating.

Early this month our office also joined several City Departments at the Phase 1 Cleanup of Waiale'e Beach (Velzyland). I want to say mahalo to everyone that helped with removing four truckloads of trash, twenty-five vehicles, six motorcycles, one trailer, and one moped. Our office will continue to work with the Departments to complete the Phase 2 Cleanup and provide you with updates along the way. I have also been working with the City to increase funding for our area provider that serves our households experiencing homelessness.

It was great to join the Wahiawā Lions and Mililani Leos at their Hale'iwa Ali'i Beach Park Cleanup, which was supported by the City's Adopt-A-Park Program. I am always impressed by the youth in our community and their willingness to step up and serve. If your organization is interested in adopting a park or organizing an event, you can call (808) 768-3034 or email [citypks-volunteer@honolulu.gov](mailto:citypks-volunteer@honolulu.gov).

I also know that many of us have seen a dramatic increase in our home's valuation. District 2 in particular was hit with the highest increases. One of my main concerns is keeping folks from being priced out of their home due to increasing property tax bills. I believe that now is the right time to increase the home exemption for homeowners to reduce the burden on our families and kūpuna.

Many in our community have also been asking

about Bill 10 (2022), which involves amendments to our City's Land Use Ordinance. Bill 10 is currently referred to the Committee on Planning and the Economy. Our office will continue to provide updates on the bill's progress. If you have ideas or amendments that you would like to see, please send them to our office. We intend to fight for a Bill 10 that protects our community's quality of life and supports local agriculture. Earlier in January I joined Chair Waters in co-introducing Resolution 23-003, which affirms our City's commitment to our renewable energy goals.

Please do not hesitate to reach out if you have any questions, concerns, or ideas about how to better support our community. You can reach me by phone at (808) 768-5002 or by email at [mweyer@honolulu.gov](mailto:mweyer@honolulu.gov).



**Waialua Community Association**  
**ANNUAL MEMBERSHIP MEETING**

February 15, 2023

At the Old Haleiwa Gym

Sign-In at 6:00 PM

Meeting at 7:00 PM

All Covid Protocols To Be Followed

For questions call: 637-4606

All members and the community are invited but only members whose membership dues were received on or before January 15, 2023 will be allowed to vote in this meeting. Membership applications are available online at [waialuacommunityassociation.org](http://waialuacommunityassociation.org) for those wishing to join.



*Wahiawa Lions, Mililani Leos, and Matt Weyer's office at Hale'iwa Ali'i BeachPark Cleanup*



# Ask the Doctor

Nash Witten, MD

Dear Doctor, "Why don't we have fluoride in our water?"

Depending on where you live on O'ahu and where you get your drinking water, you may or may not have fluoride in your water. For the most part, you only have fluoride added to your drinking water if you live on a military base or purposely buy children's bottled water with added fluoride. Despite numerous bills for and against the fluoridation of public water systems, the state remains one of the few states that does not add fluoride to public water systems.

The result, whether you are for or against adding fluoride to our water, is that in 2017 Hawai'i third graders had the highest rate of tooth decay in the nation, and 47% of adults between ages 45-64 had lost a tooth due to tooth decay or gum disease. The CDC has touted community water fluoridation as one of the greatest public health achievements in the country's history, reducing tooth decay by 25% in children and adults.

The USPSTF recommends that primary care physicians prescribe oral fluoride supplementation to children starting at six months of age and apply fluoride varnish to the primary teeth of all infants and children. It is also recommended that all children see a dentist within the first six months after their first tooth appears to ease them into the experience of having their mouth examined AND to provide fluoride varnish. If you want to begin your children on supplemental fluoride, check with their primary care provider to ensure they take the correct dose! The supplemental fluoride dose for children is based on age and the amount of fluoride in the public water system or bottled water that children drink. Help us help your children from having the famous silver-capped front teeth!

*Dr. Nash Witten is a Board Certified Family Medicine physician at the Queen's Health Care Centers Hale'iwa, located at 66-125 Kamehameha Hwy., Hale'iwa, HI 96712. The clinic is accepting new patients, call 808-691-8501 to schedule an appointment. Submit questions to the doctors at [nsnaskthedoctor@gmail.com](mailto:nsnaskthedoctor@gmail.com).*

# Did You Know?

By Noah Grodzin

Did you know that the biggest wave in the world was not recorded at Waimea, Pe'ahi, Mavericks, Teahupoo, or Nazare?

A wave so massive yet not caused by an offshore swell, but a force in reverse sending water from the mainland outward into the ocean.

On the night of July 9 1958, the ground rumbled and exploded with a massive earthquake along a remote bay sending a mountain side down into the bay creating a local tsunami.

The earthquake was measured at 7.7 and with enormous force from the rock slide the unfurling energy forced the water to maximize with wave heights up to 1700'. And yes this is no tall tale as along with eyewitness accounts the shoreline evidence confirmed these amazing heights. The eyewitness accounts describe that even after the initial wave passed by it was followed by additional 20-25' waves before it all settled back down. Prior to the event researchers had thought they had seen evidence of previous big wave action in the same inlet but until that fateful day none had been able to document it in person. Maybe next time someone will be ready to surf it?

Where was this great wave?....it was in Lituya Bay Alaska....and now you know.



Lituya Bay Alaska Historic Photo provided by: Bill Romerhaus

Haleiwa Town Center  
66-145 Kamehemeha Hwy, Haleiwa



## North Shore Chamber of Commerce News

### Meeting the Challenges of a New Year

#### Upcoming General Membership Meeting

The North Shore Chamber of Commerce will host its next General Membership meeting, including Board of Directors elections, at 8:00 am April 26 at Haleiwa Joe's. Members will be voting to fill at least two board vacancies. The board sets organizational policy; ensures that the Chamber is fiscally sound and mission driven; and plans for its future.

The three-year board volunteer position requires a commitment of a minimum of five hours monthly which includes serving on at least one committee. These committees include Marketing, Infrastructure, Legislative, Membership, and Historical. The current Board includes Mike Biechler, Mary Wood, Carol Phillips, Marianne Abrigo, TJ Cuaresma, Lamont Brown, Alan MacPhee, Thomas Naylor, Thomas Donovan, Bill Martin, Layne Larsen, and Nicolas Vargas-Calvo

The Chamber committees and staff seek input to address solutions to community issues and work toward inspiring new beginnings on the North Shore. The Infrastructure Committee explores ways to address homelessness; and improvements to sidewalks, parking, lighting, and safety. The Marketing Committee presents events that stimulate, benefit, and serve our community. These events have included the 4th of July Fireworks Festival, Christmas Tree Lighting Festival, and Christmas Parade. The Historical Committee preserves the extensive history of Haleiwa and the North Shore by obtaining grants to create kiosks, plaques, North Shore News stories, and numerous historical commemorations.

If you have any questions regarding our events, membership, committees or just want to talk story, please feel free to contact us at (808) 637-4558 or [info@gonorthshore.org](mailto:info@gonorthshore.org). Our office located at 66-434 Kamehameha Hwy, Haleiwa, is open to the public 10am to 4pm Tuesday through Friday. We currently are recruiting additional volunteers to staff our office in order to expand the open hours. If you are interested in volunteering, please contact us. Printing services (copying, faxing, scanning, laminating) are still available.

#### Thanks for Your Support

We thank you, our North Shore Community, for your help and kind words. We will continue to strive towards bettering and unifying our community for years to come, whether that be through networking and working with our businesses or by providing events filled with fun for the entire ohana. Executive

Director Kelli Turansky, Administrative Assistant Daysia Basilio-Chun, and the Board of Directors look forward to collaborating with you. Your donations, memberships, and sponsorships keep us working for you, maintain our historical office building, create community event opportunities, and support the growth of our businesses..

### Membership Contest

The Chamber is sponsoring a Membership Contest! Help the Chamber gain the most members and win a night stay at the Turtle Bay Resort (must be a member of the North Shore Chamber of Commerce to participate). Know somebody that owns a business? Have a friend who wants to be more involved in the community? Have them sign up to become a member with us! Tools to do so (informational packets, membership applications, etc.) are available upon request.

New Chamber members will be put on a Member Spotlight that goes out to the entire membership (if they choose to do so) to advertise and introduce themselves. Individual members have the opportunity to be more involved in community matters, network, and more.

If you are interested in participating in the Membership Contest, email your request to [info@gonorthshore.org](mailto:info@gonorthshore.org) or call (808) 637-4558.. Chamber members participating in this contest cannot accept payment from new members they sponsor. New members must pay their own membership online, through mail, or in person at the Chamber office. There are no exceptions. Mahalo!

### New Member Spotlight - KT Protection Services

Aloha and Howzit!

My name is Dave KT Fuga, the owner and founder of KT Protection Services. It is a security guard service and patrol company that I started here on the North Shore of Oahu and is now servicing the entire state. I was born and raised on Oahu, and have been blessed with raising my five children on the North Shore for the last 13 years with my awesome wife Jenna.

The ocean is where my passion lies. I have been honored with the privilege of being president of Manu O Ke Kai Canoe Club located next to the Anahulu bridge where we perpetuate our culture through the ancient art of outrigger canoe paddling. After recognizing an increased number of issues regarding safety and security in our community, I am looking to expand my role outside of the canoe club. As a local business owner and Hawaii native, I am looking to use my knowledge of security and influence to help make our neighborhood and the rest of Hawaii a better place for us and our keiki.



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# PIPELINE

## BODYBOARD 2023 CHALLENGE

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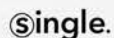
# FEB 24TH - MAR 9TH 2023



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## Focus on Gender Equity to Set Pipeline on Fire

February 24 - March 9, Pipeline, North Shore, O'ahu – Route 99 Hawaii / Bay Equity Home Loans Pipeline Bodyboarding Challenge will set fire to one of the most challenging waves in the world.

Taking place at Pipeline, the premier wave on Oahu's North Shore, the best men and women bodyboarders in the world will share 4 days of competition within the 14-day holding period with the Pipeline Bodysurfing Classic, a mixed-gender event.

The Bodyboarding event will host more than 130 top international athletes, including competitors from Hawai'i, California, Japan, Brazil, and Australia. The event includes a dropknee division, which will run as part of the APB North American 2023 Tour (which will include the season's champions for the North American Division).

The Route 99 Hawaii / Bay Equity Home Loans Pipeline Bodyboarding Challenge is presented by the Foam Company, in memory of Don & Josie Over, and is organized by BodyboardingUS and supervised by APB North America with additional coordination by Kaikeha.

Route 99 Hawaii is a brand born on the North Shore of O'ahu whose mission is to share aloha worldwide. Their locally-embroidered hats and apparel, along with local artwork and gifts, can be found at their Route 99 "Blue Container" Store in a 40-foot-long shipping container in Kahuku, next to the world famous Giovanni's Shrimp Truck.

A locally operated mortgage branch, with an expert team of passionate professionals, Bay Equity Home Loans LLC has been servicing the North Shore community through education and wealth management for 10+ years. Their mission is to guide clients through the home loan process thoroughly and completely, making ownership possible and connecting the 'Āina and the ocean to real estate ownership, building wealth and experiencing the amazing lifestyle the community offers to those that live and work here. They are located in the historic town of Haleiwa, HI.

Registration is available online through the links below on [www.liveheats.com](http://www.liveheats.com)

Bodysurfing - <https://liveheats.com/events/87827/registration>

Bodyboarding - <https://bit.ly/Route99Hawaii-BayEquity-HomeLoans-PipelineBodyboardChallenge2023>

## The Pipeline Bodysurfing Classic

The holding period for the 45th annual Pipeline Bodysurfing Classic presented by Kaikeha and Pipeline World Games, on the North Shore of Oahu, will begin February 24th and will run through March 9,

2023. This event will be held when the conditions at Pipeline are the best available during the holding period (based on swell and wind direction as well as size).

Each year, for one to two days, watermen from around the world come together and participate in a homegrown event in Hawai'i involving Bodysurfing.

Bodysurfing, called he'e umauma or kaha nalu in Hawaiian, was first enjoyed by ancient Hawaiians at the break called "Pipeline" today. It is believed that bodysurfing at Pipeline was first inspired by the dolphins seen there, long before the invention of the surfboard.

While boardsurfing has evolved into a visible and highly competitive sport, the main draw to bodysurfing is still as it ever was--the intimate relationship between the ocean and the rider in what is considered by many as the "purest form of waveriding."

The defending champion Mike Stewart (Hawaii) continues to dominate the field at the Pipeline Bodysurfing Classic.

Sixty of the world's most dedicated bodysurfers will be on-call during the holding period, and will have a ten day window to compete at Pipeline [one to two days of competition] without any surfboards.

Competitors must swim without the use of any type of board into extremely challenging at the world class break known as Pipeline.

Pipeline is world-famous for its fast and powerful breaking waves over a shallow reef. Just as Everest is the gauge of all mountains for mountaineers, Pipeline is the ultimate test for wave-riders from all over the world, rewarding the best with waves of aesthetic perfection.

Each of the 60 bodysurfers compete in preliminary rounds, semi-finals and the top four bodysurfers will compete in an intense final.

Additional Information:

<http://www.pipebodysurf.com>



Traci Effinger from Waialua. 2020 Pipe event winner.  
Photo: @cwlaufer



# Pipeline Bodysurfing Classic

**February 24 through March 9, 2023  
Ehukai Beach, North Shore, Oahu**



HAWAII



**Paddle Happy!**  
Join our Ohana and  
Fall in love with Paddling  
with **HALEIWA OUTRIGGER CANOE CLUB**  
All are welcome, ages 10 and up, OPEN HOUSE March 4th 9am  
Come Ocean with US  
no better workout or place to be  
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FOR MORE INFORMATION  
Open House will be held at Haleiwa Beach Park  
directly across from Beach House Restaurant  
all ages and stress levels are welcome :)  
Bring your Family and Friends  
Ocean is the Cure



North Shore Memories - 1974, Hale'iwa M. Matsumoto Grocery Store and Shave Ice. Happy 72nd Birthday to Matsumoto's!  
Best wishes from the North Shore community. Photo: Bill Romerhaus

# The People of Old

By Boyd J. Ready

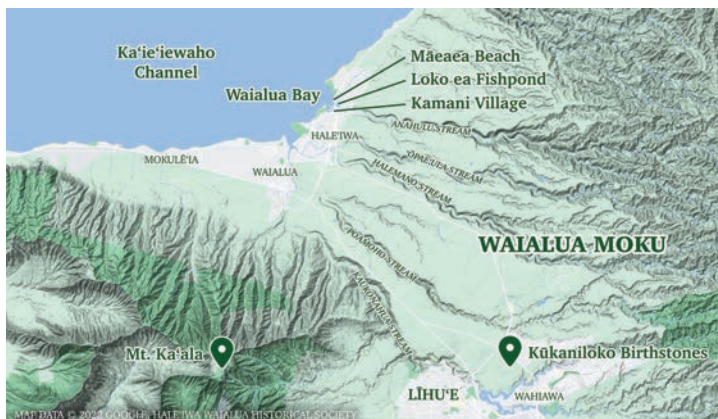
Much of what is known about ancient Hawaiian culture and the people of old is due to Samuel Kamakau. In 1815, Samuel Manaiakalani Kamakau was born in MokuĀiea and became one of Hawai'i's greatest historians. He also served his community as a jurist and legislator.

In ancient times, Waialua Moku, or district, was known as āina momona or fertile land, with streams, freshwater springs and wetlands for the lo'i, or irrigated terraces for taro cultivation. Nearshore fisheries and loko i'a, or fishponds, ensured a steady supply of food. Nearby Mt. Ka'ala and the many upland forests provided plants for medicine, feathers for ornament, bark and vine fibers for chord, grasses for thatching, and trees for canoes, house timbers, and tools. Ahupua'a, or land divisions, were cared for with the understanding that what was done in the mountains affected the nearshore ocean waters below. Kamani fishing village where the Anahulu Stream flows into Waialua Bay, and the lands surrounding it, supported a large population of around 8,000 in the 1780s. Ka po'e kahiko, or the people of old, included navigators, priests, chiefs, fishermen and farmers, living for centuries along these north and west facing shores.

Waialua moku was settled by Polynesian seafarers around 1000 to 1200 A.D. They traveled nearly 3000 miles from South Pacific islands in double-hulled canoes, guided by the positions of stars, the behavior of birds and ocean animals, currents, clouds, and the wind. They brought canoe plants such as taro, banana, coconut, sweet potato, breadfruit, and sugar cane.

Kapukapuākea Heiau, a stone temple in what is now called Hale'iwa was the preferred site for installing an ali'i nui or island king from among the ranking ali'i or nobles. Chiefs also gathered here for key political decisions. The heiau is linked to the religious and political kapu system that was brought by seafarers from Tahiti and their Taputapuātea Heiau.

Near Wahiawā in ancient Waialua's uplands is one of the two birthing places in Hawai'i for high-ranking chiefs, the Kūkaniloko Birthstones. This site is said to be



Waialua Moku Map: Selected sites of Ancient Waialua

the piko, or navel, of the island and was near the royal center called Līhu'e, at the junction of O'ahu's main foot trails. Many of the island's traditional and exemplary ali'i genealogies are thus linked to Waialua.

Invading Maui chiefs in the mid-1700s disturbed the peaceful lifestyle of Waialua. Local inhabitants were forced to provide so much seafood and produce for the Maui warriors that the people often went hungry. A rebellion, led by Waialua chiefs and priests, ended badly with a slaughter of the O'ahu hierarchy and further harsh rule. Warfare resumed a generation later when Hawai'i Island's ali'i nui, Kamehameha the Great, conquered O'ahu in 1792. The new ruler redistributed Waialua lands to his favored warriors.

Later, Kamehameha prepared his war canoes to invade Kaua'i from one of Waialua's best canoe landings at Māeaea Beach in Waialua Bay facing the Ka'ie'iewaho Channel. Kaua'i was the last holdout during Kamehameha's attempt to unify all the Hawaiian Islands. That invasion was averted by a negotiated peace agreement.

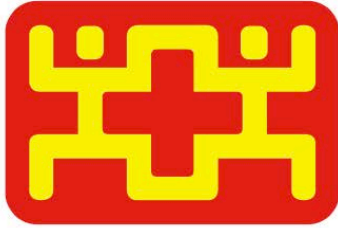
Loko ea Fishpond behind Māeaea Beach dates to at least the 16th century. It was a bountiful food source with its unique multi-hued mullet. It is connected to a stream from Ukoa Pond, a mile to the north. The freshwater springs in Ukoa Pond are associated with Lani Wahine, a mo'o (lizard water spirit), that could also appear in human form.

We are indebted to Thomas Shirai, John R. K. Clark, Patrick Kirch, PhD and Peter Young for their help with this history. Hale'iwa Waialua Historical Society, P.O. Box 1055, Waialua, HI 96791, [info@waialuahistoricalociety.org](mailto:info@waialuahistoricalociety.org)



Samuel Kamakau, courtesy of Hawaii State Archives pp-74-6-024

January 11, 2023, page 12 correction: "The First Waialua Sugar Plantation", Mrs. Halstead's first name was Sarah, not Susan. We regret the error.



# KO'OLAULOA HEALTH CENTER

## Is Your Heart Healthy?

By Allison Higa-Howerton, MHS, PA-C

Happy Valentines Day! How fitting that February is American Heart Month. An perfect time to learn more about keeping your heart and loved ones healthy.

Maybe someone in your 'ohana or an older friend has been affected by heart disease. But did you know that younger people are increasingly affected by heart disease? Heart disease is the leading cause of death worldwide even though it is preventable in most cases. Auwe!

Prevention and wellness checks are key because heart disease can be "silent." You might feel normal until you experience an emergency situation, like a heart attack. And to make things worse, the COVID-19 pandemic has made people delay or avoid routine healthcare. Maybe you adopted unhealthy lifestyle behaviors, such as eating poorly or limiting physical activity? These are things that can contribute to heart disease.

As a sense of normalcy returns to the Northshore and Koolauloa, now is an excellent time to check in on YOUR heart health!

At Ko'olauloa Health Center, we highly recommend a *yearly* physical with your primary care provider (PCP). Your PCP can help identify early warning signs of heart disease - when a problem may be easier to treat and potentially saving your life. At your physical, you will be assessed for risk factors of heart disease such as checking your blood pressure, weight, cholesterol and other lab tests. We'll help you make good lifestyle choices.

This #HeartMonth, take a proactive approach to your health and schedule your *yearly* physical today!

*At KHC, we accept all patients regardless of ability to pay.*

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 Information: **koolauloahc.org**  
 Clinics: **Kahuku and Hau'ula**  
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Sunday, March 5th  
4pm

*Bring your lawn chairs and enjoy the show!*



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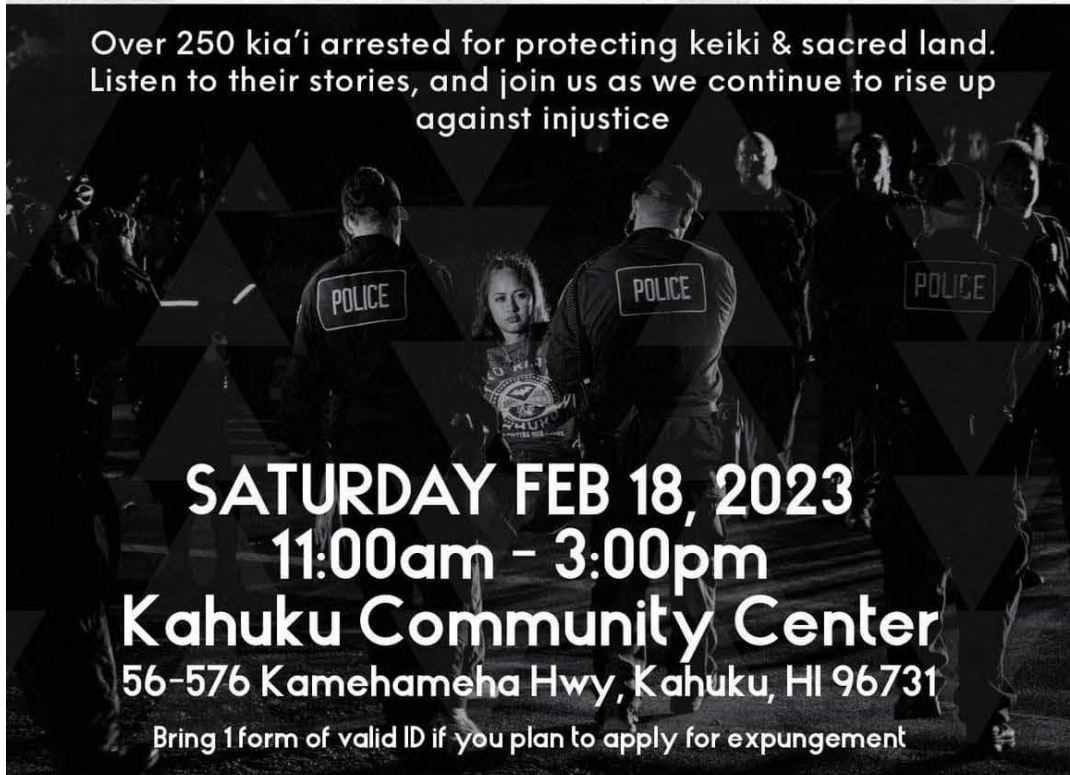
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## SATURDAY FEB 18, 2023

### 11:00am - 3:00pm

## Kahuku Community Center

56-576 Kamehameha Hwy, Kahuku, HI 96731

Bring 1 form of valid ID if you plan to apply for expungement



BEYOND GUILT  
Legal Clinic Hawai'i

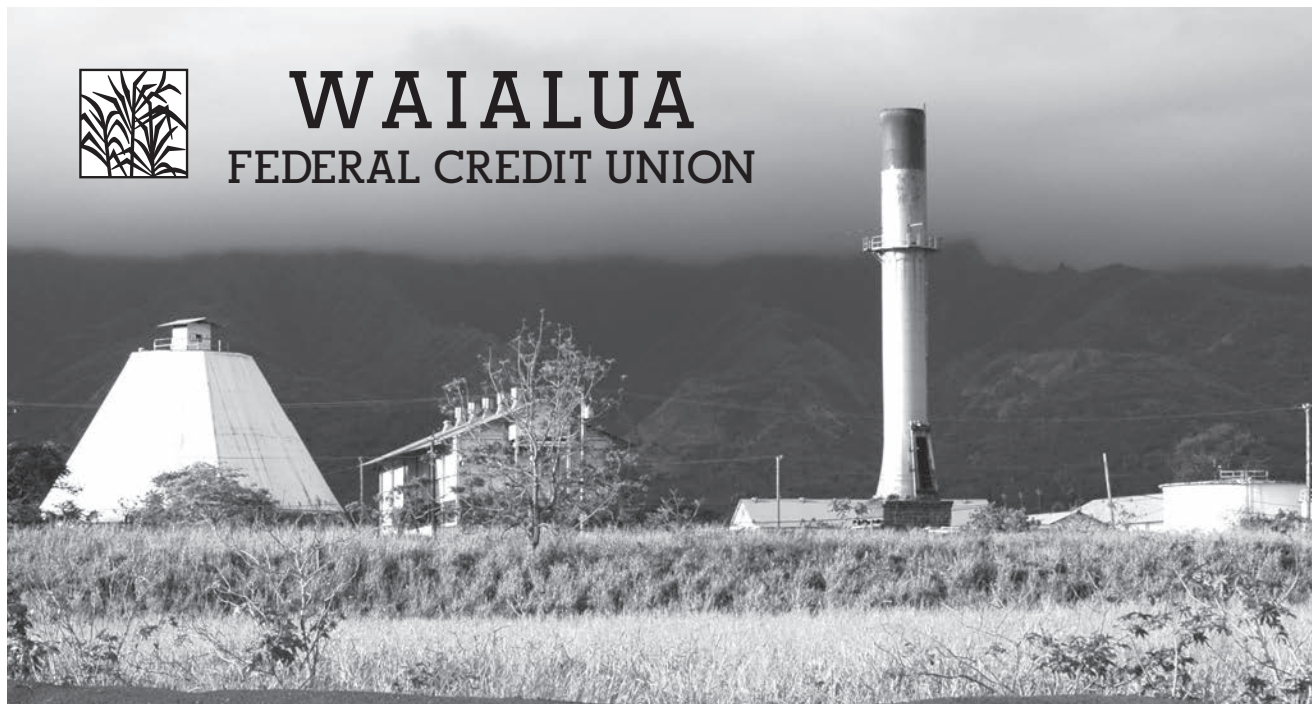


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### Readers' Group

Thursday, Feb. 23, 9:30-11am  
Title: "Paradise News" by David Lodge

### Writers' Group

Postponed to March 18, 10:30am-Noon  
Topic: "Wondering what to Write About"

### Computer Introduction

by appointment - 808-637-8286

### Family Story Time & Craft

Every Saturday, 10:00am

### Used Book Sale

Saturday, Feb. 25, 8:30am-12:30pm  
Weather Permitting

Library Closed Sat. 2/18 Presidents' Day



**NOTICE!**  
The North Shore News  
will no longer  
be mailed to the North  
Shore residents effective:  
April 2023

To receive the North Shore News in COLOR  
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Subscribe to receive the North Shore News  
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Pick up the North Shore News at area locations:  
North Shore Chamber of Commerce,  
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NSN stand by Bank of Hawaii,  
NSN stand at North Shore Marketplace by  
Polynesian Treasures,  
Malama Market, and Waimea Valley.  
Additional locations TBA in the next issue.

Please call for more information:  
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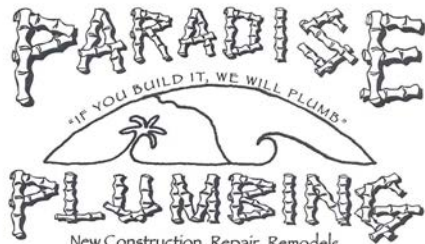
**Mahalo to the North Shore community  
for your support!**

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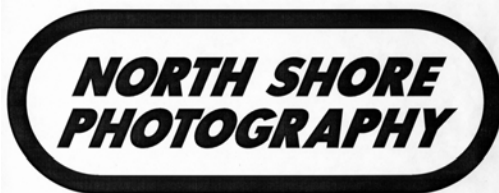
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## FEBRUARY 2023

Hawai'i State Public Library System

[www.librarieshawaii.org](http://www.librarieshawaii.org)

### BLACK HISTORY IN HAWAI'I PANELS AND FILM SCREENINGS

#### ANCESTORS, LEGACY, LIFE

Tuesday, Feb 7th, 5pm - 7pm

Kathryn Waddell Takara, PhD  
Judge Sandra A. Simms (Ret.)



Discussion about traditions and honoring Hawaii's S(H)eroes: Alice Ball, Helene Hale, Anthony Allen, Frank Marshall Davis and John Nichols



#### BOUNDARIES, STEREOTYPES, AND EXCLUSION

Tuesday, Feb 28th, 5pm - 7pm

Kathryn Waddell Takara, PhD  
Daphne Barbee Wooten, Attorney  
André Wooten, Attorney  
Kimberly Keys, Artist



Discussion about Black History in the Pacific from multiple perspectives including law and two films.



**ETHNIC NOTIONS  
BY MARLON RIGGS**

### YOUNG ME TAI CHI With Mike Lin




Every Tuesday  
5:00 pm (early sunset)  
Build core strength,  
increase stability  
and flexibility  
On the back lanai

### KŪPUNA HOUR

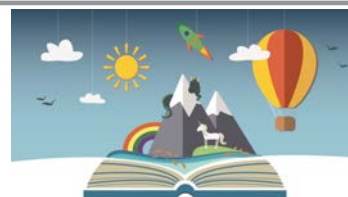


GAME TIME!!!

Thursdays,  
Feb 9 and 23  
10 am  
and  
Tuesday, Feb 28  
1:15pm

 2nd Coaches Meeting  
Tues, Feb 21  
5 to 6pm

## PRE-K TIME



PLAY TIME  
Social interactions with  
educational toys  
(wooden puzzles, blocks)

STORY TIME  
Books, songs,  
felt stories,  
rhymes & craft

Feb 8th  
and 22nd

**WEDNESDAYS  
AT 10AM**

Feb 1st and  
15th

AARP Foundation  
**TAX-AIDE**

Thursdays  
9:30am - 1:30pm  
Feb 2 - Apr 13

No appointments, walk in/sign up only

- Books printed in 2020–2023
- Pristine condition
- No political or cook books



Drop off: Last Friday of month, 10 to 11am



Feb 20th  
(Monday)  
President's Day



  
**FARMLOVERS**  
**HALE'IWA**  
**FARMERS MARKET**

at Waimea Valley  
**Thursdays 2-6pm**  
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**North  
Shore  
News**



**2023  
Schedule**

PUBLICATION DATE	EDITION	DEADLINE DATE
March 8	#3	February 24
April 5	#4	March 24
May 3	#5	April 21
May 31	#6	May 19
June 28	#7	June 16
July 26	#8	July 14
August 23	#9	August 11
September 20	#10	September 8
October 18	#11	October 6
November 15	#12	November 3
December 13	#13	December 1

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**DISTRIBUTION UPDATE**

**at Kaiaka Bay Beach Park**



*Wednesday, February 15, 12 noon*

*Wednesday, March 1, 12noon*

*Wednesday, March 15, 12 noon*

*Wednesday, April 5, 12 noon*

For more information and  
 donations contact :  
 Linda (808) 780-8037



# CLASSIFIEDS

The North Shore News is published every four weeks and mailed free of charge to all the North Shore homes and businesses. Digital copies are emailed in color.

**PRESS RELEASE POLICY:** Submit press releases, email to the Editor. Releases should be viable news stories or human interest stories and are published on a space available basis only. You may attach photos. We reserve the right to edit and/or refuse all submissions including advertising.

**EDITORIAL POLICY:** The North Shore News is a community paper. We welcome articles, pictures and Letters to the Editor.

**CLASSIFIED AD RATES:** Classified ad rates are \$6.00 per line with up to 27 characters per line. The box ads are \$40.00 per column inch. Submit classified ads by email. Phone calls are always welcomed.

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Noah Grodzin  
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E-MAIL: NSNHaleiwa@gmail.com

NSN4Linda@gmail.com

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**Deadline Date - Feb. 24, 2023**

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Are you leaving Oahu on vacation or business? Do you live on a neighbor island, the mainland or foreign country and subscribe to the North Shore News? Send us a photo of someone in front of a sign or landmark holding a copy of the NSN. Email your photo along with the person or persons' name, community of residence, contact info and photo location to: NSNHaleiwa@gmail.com.

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## MISCELLANEOUS

North Shore Serenity Al-Anon Family Group meets 6:30-7:30 pm Wednesdays at St. Michael's Church, Outreach Room, 67-340 Haona St, Waiialua, 96791. Participants may also attend virtually via Zoom #84783266578 Password 809980. Open to anyone who believes his or her life may have been affected by someone else's drinking. More information at [www.al-anonhawaii.org](http://www.al-anonhawaii.org); or by calling 808-546-5647

**POTHoles ALERT & REPORT**  
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For more information: [www.lokoea.org](http://www.lokoea.org) | 808-637-3232 | [info@lokoea.org](mailto:info@lokoea.org)



Examining ahupua'a to support our kaiāulu

**REGISTRATION  
OPENS FEB 8TH  
GRADES 9 - 12  
HALE'IWA, O'AHU**

**March 13 - 17, 2023**  
Monday thru Friday 8:30am-2pm

During Spring Break, high school students will participate in our Nā Pili Wai program examining the interconnected ahupua'a system in relation to supporting the kaiāulu. Students will participate in community-based programs steeped in aloha 'āina, exploring and examining Loko ea- including an overnight camp. All students welcome, grades 9-12.



This is FREE PROGRAM provided through generous funding from Kamehameha Schools. Registration is on a first come, first serve basis.

**HELP RESTORE  
LOKO EA TODAY!**

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**COMMUNITY  
WORK DAYS!**

**VOLUNTEER**

EVERY **3RD** SATURDAY  
03/18, 04/15  
LUNCH TO BE PROVIDED

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**KUMU 'IKENA  
CULTURAL  
WORKSHOPS**

**MARCH 4, 2023**  
9AM - 12PM

**KUAPĀ BUILDING**  
(traditional rock wall)

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**MARCH 11, 2023**  
9AM - 12PM

**ALL ABOUT 'UALA**  
(sweet potato)

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Register online  
@ [lokoea.org](https://www.lokoea.org)  
or scan QR >>>

**UPCOMING WITH LOKO EA FISHPOND**

Free Online Classes

***Beginning 'Ōlelo Hawai'i***

Tuesday evenings with Kumu Kahanuola Solatorio (E Ho'opili Mai)

**FIRST CLASS STARTS ON ZOOM - FEBRUARY 21, 2023**



scan to register