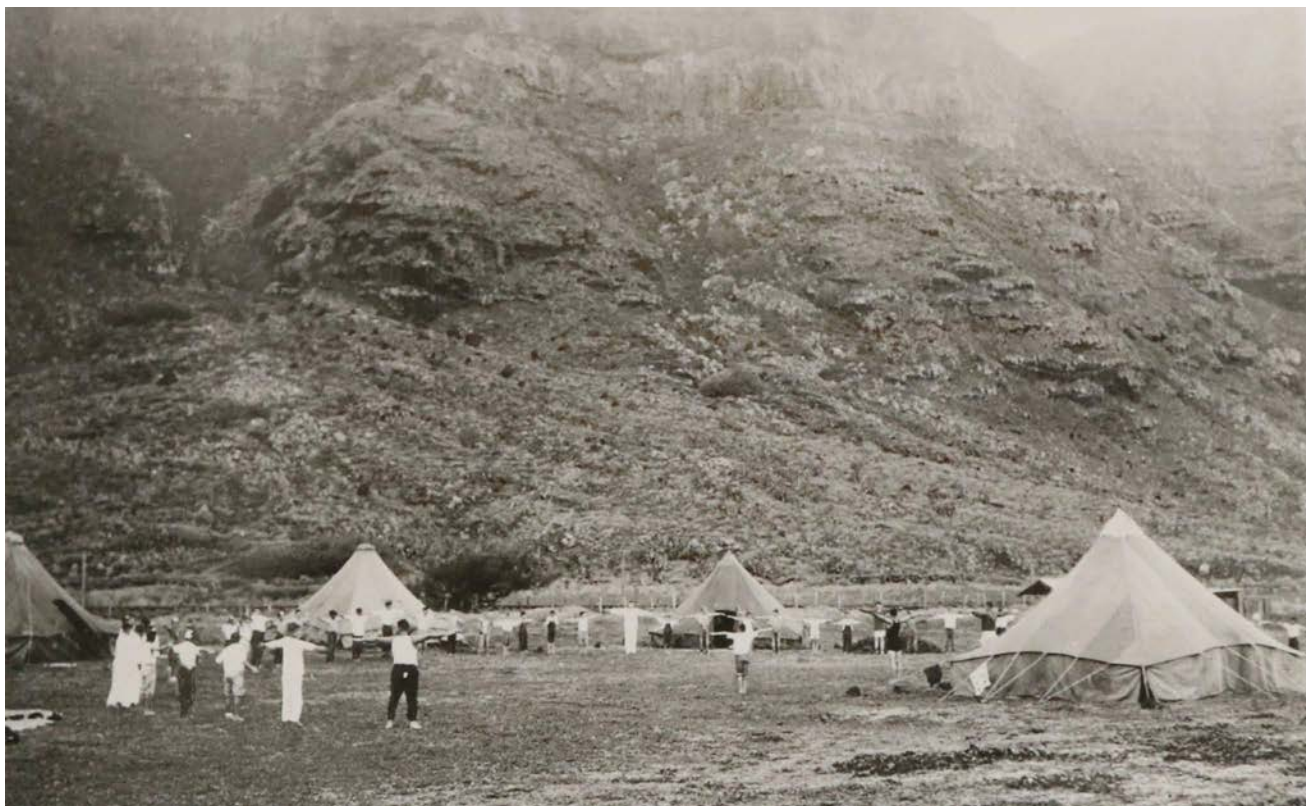




"E Ala Na Moku Kai Liloloa"



NORTH SHORE NEWS May 6, 2026 VOLUME 43, NUMBER 5



1920s Morning Drill at Camp Erdman (then known as Camp Mokulē'ia) Photos and Story Courtesy of YMCA of Honolulu

YMCA Camp H.R. Erdman at 100: Open, Welcoming, and Ready for a New Generation

As YMCA Camp H.R. Erdman marks its 100th anniversary, there is a clear message for the North Shore community: camp is open and welcoming guests.

While recent Kona Low storms impacted parts of the Waialua and Mokulē'ia community, thanks to the dedication of staff and the incredible support of volunteers, Camp Erdman is up and running. School groups, retreats, and families are once again gathering at camp, with upcoming programs including popular Family

Staycation Weekend Camps and a full lineup of summer offerings moving forward as planned.

Camp Erdman's story began long before its permanent home in Mokulē'ia. In the early 1900s, YMCA youth leaders were already taking keiki on camping trips across O'ahu.

That vision began to take shape in 1926, when Walter F. Dillingham leased a 10-acre shoreline site in Mokulē'ia to the YMCA for just one dollar a year so youth could experience camping and the outdoors.

Campers were asked to plant iron-wood trees along the shoreline—many of which still stand today, a living reminder of the generations who have passed through camp.

Just a few years later, tragedy struck when Harold Randolph Erdman died in a polo accident at the age of 26—his life cut short at a time when so much promise still lay ahead. In the face of that loss, his mother chose to honor not only who he was,

Continued on page 2

Continued from page 1

but what he would have gone on to do for others.

On Christmas Day in 1932, the family gifted the camp to the YMCA in Harold's memory, with the hope that "his spirit of contribution to the happiness of others carries on." That gift would go on to shape tens of thousands of lives and continue to do so for generations to come.

In the decades that followed, Camp Erdman grew not just in size, but in heart—becoming a place for every child. Summer programs welcomed youth from across the island for immersive weeklong experiences. Teens were guided through personal growth and leadership, while University of Hawai'i Frosh Camps became a rite of passage for incoming students, building friendships and confidence that often lasted a lifetime.

By 1967, the YMCA launched its Camping and Outdoor Education Program for public school students, opening the camp experience to even more keiki. Today, that same spirit continues.

Camp Erdman remains a place where school groups and retreats come together for learning, team building, and reflection in a setting unlike anywhere else on the island. Summer programs include weekly overnight camps and day camps, mini camps designed for first-time campers, and teen adventure camps that challenge and inspire. Signature experiences such as the Alpine Tower and Odyssey high ropes challenge course continue to give participants the opportunity to build confidence, trust, and resilience.

These experiences are often defined by simple but meaningful moments—gathering around a campfire, hiking through the mountains, learning archery for the first time, exploring environmental and marine sustainability programs, meeting a cabinmate who becomes a lifelong friend, or discovering the confidence to take on a challenge that once felt out of reach.

Beyond its programs, Camp Erdman has become a popular staycation destination. Oceanfront cabins, yurts, and two-bedroom haies offer a unique way to experience the beauty of the North Shore in a peaceful, community-centered environment.

As Camp Erdman celebrates 100 years, what stands out is not only its history, but its future. Nestled between the mountains and the sea, it remains a place where generations continue to discover who they are—through friendship, challenge, and connection to the outdoors. For many, camp is not just a place to visit, but a place that stays with them for life.

Camp Erdman continues to welcome the community to experience all it has to offer.

For more information, program registration, or reservations, visit <https://bit.ly/CampErdman>. See Camp H.R. Erdman's 100th Anniversary Historic Display and share your stories at:

<https://bit.ly/CampErdman100>

Watch a video of Camp H.R. Erdman's Annual Free Community Day: <https://bit.ly/CampDay2026>



Harold Randolph Erdman



Odyssey



Camp Erdman Today



TICKETS

SUMMER CONCERT SERIES

SATURDAYS @ 4 PM • HOSTED BY KIMO KAHOANO

**JUL
27**

MAIN LAWN

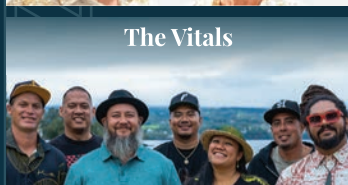


Ei Nei

Jerry Santos & Kamuela Kimokeo



The Vitals



Featuring

Kumu Rich Pedrina with
Halau Hula 'O
Nāpunahaleonāpua

**JUL
25**

MAIN LAWN



Nick La'a



Micah G.



Ho'onu'a

Featuring

Kumu Liko Cooke & Sky
Gora with Halau Kilipohe Nā
Lei Lehua

**AUG
29**

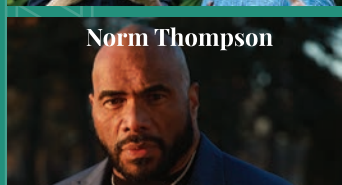
UPPER MEADOW



Mark Yamanaka



Herb Ohta, Jr. & Jon Yamasato



Norm Thompson

Featuring

Kumu Kalimakuhilani Akemi
Kalamanamana Sukanuma
Southard & "TC"
Christopher Southard with
Halau I Kalima Kuhi Lani

@WAIMEAVALLEYOAHU

UPCOMING KAMA'ĀINA DISCOUNT DAYS

May 17: 'Ohana Day

50% off kama'aina admission

May 20

50% off kama'aina admission for
Prince Albert Kamehameha's birthday

May 20: Memorial Day

Free admission for all
active & retired military



**Representative
Amy
Perruso**
Serving You in District 46

This Wasn't Just a Storm

It's been a hard month.

Across Waialua, Wahiawā, and the North Shore, families are still cleaning up and trying to make sense of what happened. That same question carried into the Legislature's recent informational briefing on the Kona Low storms:

How did this happen—and what are we going to do differently?

Because what we experienced wasn't just a storm.

At the briefing, Hawai'i Emergency Management Agency Administrator James Barros described how agencies coordinated ahead of impact of the Kona Low 1 storm—moving resources early, sharing information, preparing for response. That work mattered. But our failure to do that preparation work for Kona Low 2 revealed the limits of a system built around response instead of readiness.

We still don't have a single, real-time operational picture of what happened that night - no after-action report. What we can see is that in the case of the second Kona Low storm, information was fragmented, and when conditions shifted quickly, that fragmentation became a source of risk.

That gap became more concrete in the discussion with Honolulu Department of Emergency Management Director Dr. Randal Collins. When asked about situational awareness, it became clear that real-time stream gauge data—one of the most basic tools for understanding flood conditions—was not being actively monitored in a coordinated way. In a flooding event, that's not a small oversight. It's a breakdown in how we see what's happening as it unfolds.

From the Department of Land and Natural Resources, we heard a related truth about management of our waterways: even where maintenance exists, it's partial. No one agency is responsible for the full system. Authority is divided, responsibilities are unclear, and critical pieces fall through the cracks.

Department of Transportation Director Ed Sniffen brought those threads together. He made the point plainly: this wasn't just about rainfall. It was about water not moving the way it should. And the reason it didn't move is because we've built a system that isn't actually a system at all—it's a collection of disconnected responsibilities, spread across private property owners with insufficient understanding of the topography and governmental agencies with conflicting interpretations of legal responsibility, with no one accountable for how the water system functions as a whole.

Sniffen pointed to a path forward that is grounded in

shared kuleana. Instead of continuing to manage water in silos, he called for a coordinated approach across the City and County, the State, and the federal government. There was consensus at the table that we need to start with a formal Memorandum of Understanding to align responsibilities, share data, and act as a unified system, and then move toward legislative changes needed to sustain that coordination over time.

That matters, because what we are living with now is the result of policy choices. We've allowed development to proceed without requiring full watershed accountability. We've relied on private landowners to maintain infrastructure that affects entire communities. And we've accepted a fragmented regulatory structure where no one is responsible for ensuring the system works end to end. The result is what we saw: water that had nowhere to go.

Right now, crews are clearing streams, opening drainage, and mapping problem areas. That work is essential. But restoring what existed before isn't enough—because what existed before didn't hold. The path forward has to be different, because we are facing this kind of events as our new normal.

Shared kuleana means recognizing that water doesn't respect jurisdictional boundaries—and neither can our response. It means holding development accountable for cumulative impacts. It means making sure maintenance of critical infrastructure is coordinated and reliable. And it means using real-time data to guide decisions when it matters most.

It also means centering community expertise. Because DEM Director Collins did not attend our April North Shore Neighborhood Board meeting, and his testimony at the informational briefing suggested a deep disconnect with the community's experience of this event, our office will be inviting him to attend a community meeting in the near future to hear from community members.

What we saw this past month was a community that showed up for each other when it mattered most. Now we need leaders and systems that do the same.

This disaster recovery showed us how to move forward—together. Now we do that work.

North Shore

Neighborhood Board Meetings #27

Next Meeting: May 26, 2026

4th Tuesday of Every Month - 7pm
at Waialua Elementary School Cafeteria
67-020 Waialua Beach Rd.

Regular meeting agenda found at:
www.honolulu.gov/nco

To view previous meetings go to:
olelo.org/olelonet

Happy Mother's Day



Kahuku
56-505 Kam Hwy

Haleiwa
66-472 Kam Hwy

Kakaako
458 Keawe St, Honolulu
HMart 2nd Floor

ANY KINE LINE Dance

Waialua Community Association Fundraiser

Saturday, June 20, 2026 · 4:00 PM – 8:00 PM

Join us for an evening of island-style line dancing!

★ Western ★ Zumba ★ Hula ★ Contemporary Line Dancing

TICKETS

Presale \$25
At the Door \$30
Kids (12 & under): FREE
★ Includes 1 complimentary door prize entry!

★ Food ★ Drinks ★ Prizes ★ Good Vibes! ★

66-434 Kamehameha Highway, Haleiwa
Bring your friends & family — everyone is welcome!

Waihuena FARM Country Hawai'i

COMMUNITY SUPPORTED AGRICULTURE

NORTH SHORE GOAT DAIRY SHARE

PICKUP TUES 12-6
(ACROSS FROM PIPE)

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*Our PKB Ohana
wishes you a very
Happy Mothers Day!*

*Check out our FREE discount
tickets offered for just whispering
the secret magic words!*

Mahalo and see you soon!

www.pkbsweets.com



Experience Summer Fun & Adventure at **YMCA CAMP ERDMAN**

- **6-Day Overnight Camp: Completed Grades 1 – 10**
Enjoy outdoor adventures, hiking, sports, swimming, and camp fires, while learning new skills and independence, and making new friends.
- **Summer Camp Add-Ons**
Enhance your experience by adding on a specialty camp: Surfing, Adventure, High Ropes Climbing, and Ike Hawaii. Or try them all with the Sampler add-on.
- **Mini Camp: Completed Grades K – 11**
Our 4-day overnight experience is perfect for first-time campers or those looking for a little extra camp!
- **Summer Day Camp: Completed Grades K – 5**
An outdoor day camp at our oceanfront Camp Erdman property that fosters growth, friendship, and fun.
- **Teen Overnight Camps**
Leaders-In-Training 2-Week Camp (Ages 14-17)
Camp Assistant 3-Week Camp (Ages 16-17)



REGISTER TODAY

Family Members save 10%. Financial aid available.
Online: YMCAHonolulu.org • By Phone: 808-637-4615
In Person: 69-385 Farrington Hwy, Waiialua, HI 96791



Spotlight on Sunset: Strong Schools, Strong Community

Clubs and Activities for All Sharks!

*By Oona O'Flynn, Vivi Jabour, and Vava Jabour,
SCC Student Representatives*

Sunset Beach Elementary is a great community with a lot of amazing activities and clubs for students. We have the Shark Council, Philosophers, A+, Ocean Guardians, and Battle of the Books. Here is more about these cool clubs.

In Shark Council, students get to help with school assemblies and events. Members can also give ideas for school events like Water Day or the Halloween parade. It is a fun way to participate in helping the school.

"Philosurfers" is a fun after school club. Older students get to work with younger students to have p4c (Philosophy for Children) circles. There is always an 'Ohana ball that gets passed around in a circle where everybody belongs. Philosurfers work together to ask deep questions, and it's very fun to see what students think.

A+ is a fun after school program with your friends. You can do exciting activities and games and sometimes win prizes. Parents really like it because their kids get their homework done before getting picked up.

Ocean Guardians is another after school club that any student can join. Kids can participate in learning about the ocean and focusing on how to protect it. Members can join in on beach cleanups and art projects that are based on the ocean.

Battle of the Books is not what it sounds like, it's not a time to throw books at each other- it's much better! Students get to read, discuss books, and share their opinions. They also compete with other schools to see how much they know about books. Battle of the Books is a fun and competitive way to practice reading with your friends.

As you can see, our clubs and activities are outstanding here at Sunset! They are a fun, artistic and creative way to spend your day.

Save the Date

First Baptist Church Haleiwa & HisPins

Archery Camp

June 1-4

8:30am-10:00am

3rd -5th Grade

10:30am-12noon

6th-12th Grade

To Pre-Register:

hispinsarchery.org

Click on Events

Click on HisPins Archery Camp

In Haleiwa



PKB SuperSaver

**Just for Moms,
show us a photo of your
kids and enjoy a special
25% discount for any item
on our snack products
counter! ❤️**

This offer cannot be combined with other
promotions or daBest VIP card discount.
Offer valid between April 29 - May 12, 2026.

www.pkbsweets.com



Councilmember
Matt Weyer
Serving You in District 2

Aloha North Shore Neighbors,

Mahalo to Raquel Achiu for delivering the message of aloha at the April full Council meeting. Her words reminded us of the vigilance and aloha that carry our North Shore community through challenges and recovery. She shared, "When you give someone your kuleana, you show the authenticity of your aloha through your willingness to take on responsibility without hesitation." Raquel's message is a reminder of the shared responsibility that keeps our community going.

Federal Storm Recovery Assistance Available

Our community's resilience is on full display as we navigate the road to recovery. But while progress is underway, many families, businesses, and farmers are still coping with the lasting effects of the recent storms. With the Presidential Major Disaster Declaration now in place, impacted residents may access federal assistance through the Federal Emergency Management Agency (FEMA), including support for temporary housing, home repairs, and essential expenses such as personal property, transportation, and certain medical, dental, or childcare costs. Residents are encouraged to apply as soon as possible at www.disasterassistance.gov, with a deadline of June 14, 2026.

Additionally, the U.S. Small Business Administration (SBA) is offering low-interest disaster loans to aid recovery. Homeowners may qualify for up to \$500,000 to repair or replace their primary residence, and both homeowners and renters may receive up to \$100,000 to replace personal property, including vehicles. SBA loans are also available to businesses of all sizes to help cover physical damage and economic losses. To apply, visit lending.sba.gov/search-disaster/. The application deadline is June 15, 2026.

City Storm Recovery Assistance Available

As some families begin the rebuilding process, the Department of Planning and Permitting (DPP) has launched the Rebuild Donation Match Registry to connect those affected with donated materials and volunteer assistance. Participation requires submission of a storm damage report through OneOahu.org/damage, which also helps the City better understand community needs. If you are able to give, I encourage you to consider supporting neighbors who are rebuilding. To learn more, visit: www.honolulu.gov/dpp/rebuild-donation-match-registry/.

Board of Water Supply (BWS) customers who experienced property damage may be eligible for

adjustments to their March and April 2026 water bills. Residents must submit a damage report to access this support. For those who have already completed a damage report, the adjustment will be automatic. Residents may call 808-748-5075 during business hours or email wecare@hbws.org for further assistance. To learn more, visit:

tinyurl.com/KonaLowBillingAssistance.

For more information on additional resources and recovery efforts, please visit OneOahu.org. Residents can also access support through Aloha United Way's 211 service by calling or texting 211, or by visiting search.auw211.org for 24/7 assistance connecting to resources such as food, shelter, housing, and financial support.

Storm Damage Impacts City Budget

As recovery efforts continue, both the City administration and Honolulu City Council are assessing the financial impacts of the storms on the proposed Fiscal year 2027 budget. Preliminary estimates show that damages caused by the Kona Low 1 and 2 storms are at approximately \$100 million. In Council District 2, impacts span public infrastructure, parks, and emergency response facilities. Repairs at Waimea Bay Beach Park and the loss of the Waialua ambulance are examples of the investments needed to restore essential services.

As we reflect on recovery, we must also look forward to prepare for future emergencies. I have submitted my proposed CD2 Budget amendments focused on strengthening the City's capacity to respond to storms and other disasters. Some of these amendments include funding for nine Emergency Management Coordinators, one per council district, to act as a dedicated point of contact for disaster preparedness, response, and recovery. I've also proposed \$10 million for flood control improvements in the Kaiaka Bay watershed, including dredging to help reduce flooding risks, along with an additional \$1.5 million to support a federal study that could unlock larger mitigation projects in partnership with federal agencies.

Additionally, I have proposed \$2 million to purchase emergency equipment critical for storm response and recovery. This includes heavy machinery like front loaders, backhoes, and mini excavators, along with portable showers, generators, and roll-off bins. I am also advocating for at least \$5 million in grants through the Office of Economic Revitalization to support farmers recovering from natural disasters, ensuring our agricultural community has the resources needed to rebuild and remain resilient.

As budget discussions continue, I remain committed to prioritizing recovery and ensuring our community receives the support it needs. The City administration is expected to submit budget adjustments in the coming weeks.



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IN THE HEART OF HALE'IWA

Hui (Our Partners)





North Shore Chamber of Commerce News

North Shore Chamber of Commerce Advances Flood Recovery at April 22 Membership Meeting

Hale'iwa, Hawai'i

The North Shore Chamber of Commerce convened its General Membership Meeting on April 22, 2026, at Haleiwa Joe's, bringing together community leaders, government officials, and residents to address ongoing recovery from the recent Kona Low flooding events.

Opening with a pule by Maka Casson-Fisher, the meeting set a tone of unity and resilience. Chamber leadership emphasized the continued challenges facing North Shore families, farmers, and small businesses—many of whom are still navigating significant financial losses despite reopening.

Federal Emergency Declaration Expands Access to Critical Aid

A key point highlighted during the meeting was the importance of the federal emergency disaster declaration—secured thanks in no small part to the efforts of regional elected officials—which has significantly expanded access to recovery resources.

This designation allows individuals, businesses, and farms across the North Shore to qualify for assistance through the U.S. Small Business Administration (SBA), including **very low-interest disaster loans**. These funds can be used not only for immediate repair and replacement needs, but also for **long-term mitigation efforts**, such as fortifying homes, agricultural infrastructure, and businesses against future flood events.

Focus on SBA Support and How to Access It

Jo Farnes, representing SBA's Disaster & Resilience office, provided a detailed overview of how these programs work and who qualifies. SBA disaster loans—often misunderstood—were emphasized as one of the most important financial tools available during recovery.

Key benefits include:

- **Low interest rates** designed specifically for disaster-impacted communities
- **Extended repayment terms** to reduce immediate financial burden
- **Eligibility for homeowners, renters, small businesses, nonprofits, and farms**
- **Flexible use of funds**, including repairs, equipment replacement, working capital, and mitigation improvements

Farnes encouraged community members to apply as soon as possible, noting that these programs are time-sensitive and can play a critical role in bridging financial gaps during recovery.

The Chamber also shared that it is **working closely with the SBA** to help guide residents and businesses through the application process and will continue to keep the community informed with clear, up-to-date information on how to access these resources.

Government Coordination and Economic Recovery

Additional presentations underscored a coordinated, multi-level approach to recovery.

Amy Asselbaye shared updates on City & County efforts to stabilize local businesses and accelerate economic revitalization.

James Kunane Tokioka, Director of the Department of Business, Economic Development and Tourism, reinforced the State's commitment to long-term recovery strategies, including support for small business sustainability and broader economic recovery efforts.

Legislative Updates and Community Voices

Legislative updates from Matt Weyer and Sean Quinlan addressed ongoing policy efforts and the importance of securing resources that directly benefit impacted communities.

Community voices brought urgency and perspective to the discussion. Grace Blevins shared firsthand insights from residents who lost homes, while Joshua Silva highlighted ongoing challenges facing North Shore agriculture.

Chamber Business and Continued Engagement

The meeting also included the Chamber's annual board election process, with a commitment to continued leadership through recovery.

The session concluded with networking, allowing attendees to connect directly with agency representatives and resource providers—helping ensure that information shared translates into meaningful action.

Moving Forward

The April 22 meeting reinforced a clear message: recovery is ongoing, but significant resources are now available—and timing matters. With the federal disaster declaration in place, SBA programs are a cornerstone of both immediate recovery and long-term resilience.

The Chamber continues to encourage all eligible residents, businesses, and farmers to explore these opportunities and will remain actively engaged in supporting the community through every phase of recovery.

For more information on the SBA Loans contact the North Shore Chamber of Commerce (808) 637-4558 or visit the NSCC office across from the Hale'iwa post office.

Continue on page 11

Continue from page 10

The North Shore community is once again invited to come together in remembrance and unity as the North Shore Chamber of Commerce, in partnership with the Wahiawā Lions Club, hosts its annual Hale'iwa Memorial Day Service—an enduring tradition that honors those who gave their lives in service to our country.

Hale'iwa Memorial Day Service

9:00 – 11:00 AM

Saturday, May 23, 2026

Held at the historic Hale'iwa War Memorial, this meaningful observance serves as a time for reflection, gratitude, and community connection. Residents, veterans, families, and visitors are encouraged to attend and stand together in honoring the men and women who paid the ultimate price for the freedoms we enjoy today.

This year's ceremony carries added significance as it coincides with the 250th anniversary of the United States. As the nation approaches this historic milestone, communities across the country are reflecting on the sacrifices made over generations to preserve liberty. On the North Shore, that reflection takes shape in a deeply local and heartfelt way—rooted in the values of service, respect, and 'ohana.

The program will feature traditional ceremonial elements, including tributes to fallen service members, community speakers, and moments of silence. Through these acts of remembrance, the event reinforces a powerful message: that those who served and sacrificed are never forgotten.

The partnership between the North Shore Chamber of Commerce and the Wahiawā Lions Club highlights the spirit of collaboration that defines the North Shore community. Together, these organizations continue to create space for remembrance while also helping to educate and inspire future generations.

Community members are strongly encouraged to attend and participate in this important observance. In a time when gathering together matters more than ever, the Hale'iwa Memorial Day Service offers an opportunity to pause, reflect, and collectively honor those whose sacrifice made our way of life possible.

As the nation looks ahead to its 250th year, the North Shore stands united—remembering the past, honoring the present, and carrying forward a legacy of gratitude and service.

North Shore News

Next Issue - June 3

Deadline Date - May 20



Wahi Pana: Hale'iwa Beach Park - A new art installation is transforming the historic pavilion at Hale'iwa Beach Park. The artwork by artists Amber Nunn Khan and Jordan Souza, features 48 sculptures rising from the pavilion, unfolding the mo'olelo of Laniwahine, who resides in the sacred 'Uko'a and Loko Ea Fishponds. Mahalo to the Mayor's Office of Culture and the Arts (MOCA) for making this installation possible. Photo @banzaibetty



After the Flood — The People are Gold

By Inga Macatiag

Just like last time, we weren't even home when it happened. And just like last time, by the time we got home (three days after the flood) the house was completely emptied out, and there were 30 strangers inside, cleaning it out.

The only time I really cried throughout this whole experience was seeing people's generosity and seeing people come together. People brought us food, cleaning supplies, wheelbarrows, buckets, sponges, and stuff we didn't even think about, like toothbrushes and toilet paper. It's crazy to have people thinking about your needs before you even can. I had multiple friends do my laundry for me. Someone brought us a generator and someone else brought a freezer. Our electrician friends fixed the outlets so we could turn our power back on.

With everything that's going on in the world right now, I have come to appreciate my local community so much. During the flood, a neighbor's fence fell on the water main, so both the river and the water main were flooding. Afterwards, plumbers volunteered to fix it. Others volunteered to hang our drywall and the school donated a bunch of Doterra oils.

And it wasn't just my house, you know. People were doing it all over. I would drive around and see people everywhere digging mud out. At the recovery center, they had gift cards and places for people who lost their birth certificates and social security cards. It was beautiful. It gives me goosebumps just thinking about it. Next time, I want to be the helper. I want to be the one cleaning someone else's house out.

Thank you. Thank you, thank you, thank you to everyone who played a part. I am so grateful. I'm not attached to material things, but it's the people on the North Shore. The people are gold.

When have you seen the North Shore community come together? Submit your story to Kezia at shorebreakbooks@gmail.com. 300 word limit. Pieces will be considered for publication in the North Shore News as well as a Shorebreak book for the community to enjoy together :)



Ask the Doctor

Nash Witten, MD

Dear Doctor, "I've been feeling anxious, but don't want to take medications. Do you have any recommendations for how I can manage it?"

There are definitely a lot of anxiety-provoking things going on in the world right now. The first-line, non-medication treatment for anxiety disorders, which includes generalized anxiety, social anxiety, and panic disorders, is cognitive behavioral therapy (CBT). Studies show that both in-person and internet-based CBT work, too! CBT usually involves 8-20 weekly sessions focusing on psychoeducation, cognitive restructuring, and exposure therapy. If you need help finding a therapist, reach out to your primary care provider, or call the phone number on your insurance card to find a list of local providers who take your insurance.

Exercise also has great evidence for assisting with anxiety. It's recommended to start low with walking and gradually increase to high-intensity training. Yoga and mindfulness meditation also benefit patients with anxiety and have long-term benefits as well.

There are many behavioral health apps that are free and can help you with CBT or to learn how to do mindfulness meditation. No one is ever too old to learn new things!

If the above non-pharmacologic options are not working well, or you need additional help, please reach out to your primary care provider for assistance with various medication options. There are daily medications as well as as-needed medications that work really well for anxiety disorders!

Dr. Nash Witten is a Board-Certified Family Medicine physician at Queen's Health Care Centers, Hale'iwa. You can submit questions at nsnaskthedoctor@gmail.com.

**27th Annual
HALEIWA ARTS FESTIVAL
June 13/14 Haleiwa Beach Park
10am - 5pm**

Protecting Our 'Āina: Why Hawai'i Needs More Frequent Glyphosate Testing

By Maile Friebe, Hale'iwa Student

As a 13-year-old growing up in Hawai'i, the Red Hill water contamination crisis was alarming. It showed how insufficient water testing can harm our communities. So I was surprised to learn that our drinking water is tested for glyphosate only once every 3 years.

Glyphosate is the active ingredient in Roundup, which is the world's most widely used weed killer. In 2015, the World Health Organization's International Agency for Research on Cancer classified glyphosate as, "probably carcinogenic to humans," and California's Proposition 65 lists glyphosate as a chemical known to cause cancer.

Many assume the Board of Water Supply's semi-annual reports cover everything, but glyphosate follows a different schedule. The EPA standards actually require testing for glyphosate only once every 3 years, with waivers that can allow gaps of up to 6 years in testing.

Independent health authorities, U.S. courts, and peer-reviewed studies have all identified credible risks from glyphosate exposure. And yet, glyphosate is a General Use Pesticide, meaning that anyone can purchase and use this widely available chemical.

This chemical has been linked to many health problems, such as being a contributing factor in Non-Hodgkin's Lymphoma, making it concerning that monitoring is so infrequent.

In recent months, one of the most commonly cited studies claiming glyphosate's safety was formally retracted after editors determined its findings were compromised by biased methods and had conflicts affecting scientific integrity.

Even more striking, court cases have alleged that Bayer (the owner of Roundup) has used ghostwriting and similar practices to influence research on potential risks of their product. In February 2026 they proposed a settlement for 7.25 billion dollars, to resolve lawsuits from people whose serious health complications are allegedly linked to glyphosate.

But, the truth is that our whole world is very reliant on glyphosate. Bayer has created a system in which much of our food supply relies on crops that are "Roundup Ready," meaning they are genetically modified to survive herbicides. Immediately banning glyphosate could harm the food supply, so a gradual reduction is safer.

California's model through Proposition 65 requires products exposed to glyphosate to display warnings, and certain cities and counties have glyphosate bans or heavy restrictions. Reducing the amount of potentially harmful chemicals in Hawai'i is essential in protecting our 'āina, and supporting the incredible and rare ecosystems that we have.

Regular testing and public databases showing where this chemical is used would be an important step forward. As technology develops and more alternatives are created, hopefully Hawai'i can one day be glyphosate free. You can start today by urging your legislators to support more frequent testing and a plan to reduce glyphosate use. Together, we can protect Hawaii's people and 'āina.



Acting camp

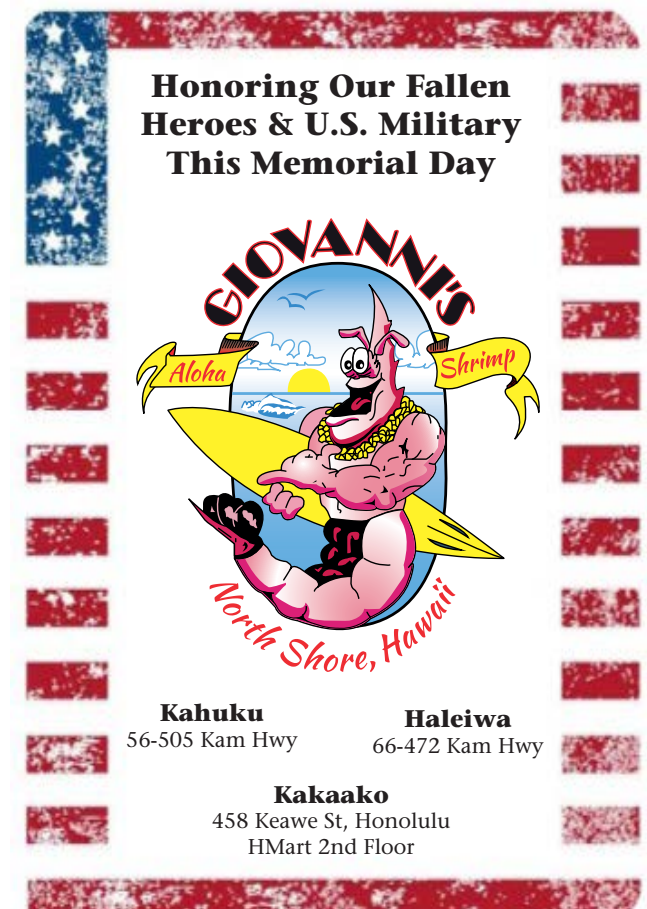
Ages 7-17
 Monday-Friday 2:00-4:00 pm
When: Session 1 June 1-12th
Session 2 June 15-26th
Where: Waiialua Community Association
Limited spots, register soon.
 patalano4@gmail.com 808-366-8027
All levels welcomed
 Led by Shannon Patalano Actor, Drama teacher



Learn to Make Haku Head Lei

Waiialua Sugar Company Office Building
 67-202 Kupahu Street, Waiialua
 Friday, May 8th 2026, 3:30 - 6:00PM
 Please RSVP to Margaret:
 (808) 352-6557

\$30.00 Donation to the Haleiwa Waiialua Historical Society
 \$25.00 for Society Members
 Bring your own flowers, bougainvillea, orchids, fern, ti leaves, etc.
LIMITED TO 20 PEOPLE!



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Why Hawaii Statehood Was Postponed So Long

By Boyd Ready

Hawaii became the 50th state in 1959, sixty-one years after the 1898 annexation. Hawaii was delayed, yet met every traditional test—mature government, all taxes paid, strategic location, and leadership loyalty to the US. Hawaii was also, legally, an incorporated part of the United States, not a colony or protectorate. Three other territories in a similar legal status were admitted by 1912. The Organic Act of 1900, and the Supreme Court's Insular Cases confirm it was an "inchoate state" on a clear path to statehood. The territorial legislature formally appealed for statehood, in 1903, 1911, 1913, 1915, and 1917. Delegate Prince Jonah Kuhio Kalanianaʻole introduced the first actual bill in Congress in 1919; it died quietly.

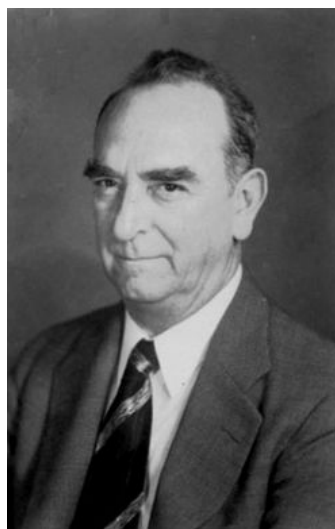
The Organic Act ended Kingdom and Republic property qualifications for voting. All US citizen men age 21, literate in English or Hawaiian, with one year in the territory and a three-month district residency could vote. This added Hawaiian men to the electorate but still excluded immigrant Asians as aliens. A mutually beneficial pragmatic alliance with native Hawaiians solidified the power of the 30 to 50 men of the Big Five's interlocking directorates. Holding significant legislative seats, Hawaiians filled patronage jobs in government and voted Republican for decades. And the Big Five's persistent, Washington lobbyists influenced Presidential appointments of pro-business governors and judges.

During the 1920 to 1940 plantation era, Hawaii stood out for efficiency. Its vertically integrated Big Five operations improved crops, combined shipping and marketing (C&H Sugar), and had higher productivity per acre and per worker than peers. The Philippines, Cuba, Puerto Rico, England's Fiji, and Japan's Saipan all depended on subsidies, market protection, and colonial capital to survive volatile low-world sugar prices (2 to 6 cents per pound). Hawaii sugar had no subsidy but needed its tariff-free access to US markets. With better worker housing, job security and medical care than the other sugar islands, the visiting Samuel Gompers of the American Federation of Labor found working conditions in Hawaii also better than those faced by most US workers.

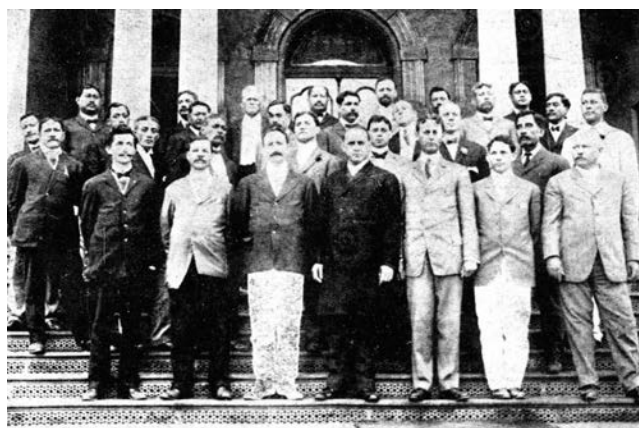
Congress shared the sugar oligarchs' caution about the potential voting power of the growing native-born Japanese citizenry. Southern Democrats opposed admitting a multi-racial population as a state. Bellicose imperial Japan, that had annexed Okinawa, Taiwan,

and Korea, got Saipan from Germany in WWI settlement. When they colonized Manchuria, and then in 1937 invaded China, it made the US Congress wary. So, statehood bills, despite repeated newsworthy commission reports, were routinely buried in committee.

The turning point for Hawaii's sugar elites' unfavorable attitude toward statehood came in 1934 with the Jones-Costigan Sugar Act. It limited Hawaii sugar imports and subsidized US competitors, but not Hawaii. Part-Hawaiian delegate, and future governor, Samuel Wilder King, led an organized statehood drive backed by the Big Five. A 1940 Hawaii poll showed over 90% in favor of statehood. Economic realities had finally aligned the elites' interests with the persistent popular support. When the Big Five realized that territorial status had become an obstacle, they wanted to be a state to get equal treatment, including having Senators and Congressmen. But WWII intervened.



Samuel Wilder King, part-Hawaiian, delegate to US Congress 1935-1943, Governor 1953-1957



1909 Territorial House, with 20 Hawaiians of the 36 Representatives

Haleiwa Waialua Historical Society Museum

67-202 Kupahu Street, Waialua
Mondays 10am - 4pm or by appointment
waialuahistoricalociety.org



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GABRIELA BRYAN KICKED OKOLE!

Kauai's Gabriela Bryan kicked off the WSL world tour with a win at the Rip Curl Bells Beach. A stunning way to start the season and definitely setting herself up for her first world title. She is a more than sturdy power surfer with the finesse to even win at Pipeline where the season finishes this year. Bryan won the challenger event there recently. Although she kicked out early in Western Australia, the second event, she is one to root for to kick some Aussie okole. She also has to get by gold medalist Olympian Carissa Moore, her good friend. Moore is back with baby in tow and in form. She is solid so far just missing advancement by about one point. She's lurking with eyes on the prize. Lulu is shocking us. That's Luana Silva, a Velzyland local, now surfing for Brazil. She is an amateur world champion who seems to be gaining confidence every event and grabbed a second behind Lakey Peterson at the Margaret River Pro. Go Lulu! On the men's leaderboard, Barron Mamiya is the top Hawaii surfer in 11th as I write but there is a long way to go. The Gold Coast Pro is next. The Australians have three events there so Hawaiians are at a disadvantage. That is why I say kick their okole! Check out the events at World Surf League.com.

JACK JOHNSON DOCUMENTARY AND NEW MUSIC

Jack Johnson's new documentary, SURFILMUSIC, will be showing May 14 and 15 at Blaisdell Concert Hall. It chronicles Johnson's evolution from surfer to filmmaker to world-renowned musician, capturing moments in and out of the water that later surfaced in his songwriting. The film blends rare footage from Johnson's formative surf films, Thicker Than Water and The September Sessions, Johnson's personal and family archives with present-day reflections, weaving together how lived experience, friendship, and exploration shaped the sound and stories behind his music. There will be a double album along with the movie. He is also hosting a talk story at the showing all in memory of Tamayo Perry. Some of the proceeds will support the La Hui Foundation to help Hawaii's flooded communities. Jack Johnson.com for more info.

EARTH DAY EVERY DAY

Earth Day has passed but I say every day is earth day. It is celebrated annually on April 22 to demonstrate support for environmental protection and

sustainability. The 2026 theme was "Our Power, Our Planet." It was officially founded in 1970 by Senator Gaylord Nelson and activist Denis Hayes. It led to the creation of the EPA (Environmental Protection Agency) and the "Clean Air Act." In honor I checked out the "Surfrider Garden Guide" the organization has published. It has tips for protecting our oceans through gardening. It also has tips for making mini watersheds, reducing pollution and protecting clean water. We know how devastating water runoff can be. According to the document humans put about 840 million tons of chemical fertilizers in our yards each year. Yikes! It runs off into the ocean. We know that, yet our area still has clean drinking water problems. So a little knowledge about better gardening can help. Check it out online! The "Surfrider Garden Guide".



Gabriela Bryan, WSL



Luana Silva Photo @banzaibetty

From Hokkaido to Haleiwa: The Journey of Rev. Taiken Akiyama

By George Tanabe

Rev. Taiken Akiyama is a record holder: no other Buddhist minister in Hawaii has served at the same temple for as long as he has. Now 96 years old, Rev. Akiyama has been the resident minister of the Haleiwa Shingon Mission on Paalaa Road for the past 68 years, and he has no specific plans for retiring anytime soon.

Throughout his long career, Rev. Akiyama has served anyone who visits his temple, regardless of whether they are members or strangers. This broad outreach is consistent with the Shingon view that everyone and everything are worthy of respect.

Rev. Akiyama was born in 1929 and grew up in a Shingon temple in Hokkaido, where his father had been the resident priest until his death in 1940. He was sent to school at Koyasan, the monastic headquarters of the Shingon sect in Wakayama prefecture, but his education was interrupted by the Second World War. After Japan surrendered in 1945, Rev. Akiyama underwent strict training with high ranking Shingon masters and returned to Koyasan to complete his college education.

The postwar period brought remarkable changes to Japan at all levels of society, including the Buddhist establishment. In 1952, Archbishop Shokai Wada and Bishop Zenkyo Nakagawa, the leaders of the Koyasan Shingon denomination, made an extended tour of Hawaii and the U. S. mainland. Although Shingon Buddhism had been established in Hawaii in 1902 by Japanese immigrants, the postwar period presented new opportunities, and upon his return to Japan, Bishop Nakagawa asked Rev. Akiyama to go to Hawaii. Rev. Akiyama agreed.

In 1953, the 23-year-old minister first went to Hilo where he served at the Hoganji Shingon temple. Recognizing his need to learn English, Rev. Akiyama attended St. Joseph Elementary School, where the younger students, blissfully oblivious to his ministerial status, would run up and invite him to play, calling out, "Taiken! Taiken!" After a year in Hilo, he transferred to Koboji Temple in Kohala. Still feeling the need to improve his English, he managed to get accepted in 1956 to Mid-Pacific Institute, the high school in Honolulu.

While attending Mid-Pacific, Rev. Akiyama first stayed in the school's dormitory and then found lodging at a home in Kaimuki. The homeowner also operated a small Shingon temple called Dainichido in Kapalama, and Rev. Akiyama regularly helped with its services. In 1957, Rev. Shindo Wasai, the resident minister of Haleiwa Shingon Mission, passed away while recuperating from an illness in Japan, and on May 30, 1958, Rev. Akiyama succeeded him as the 9th resident minister of the temple and began his long tenure in Haleiwa. In 1961, Rev. Akiyama married his wife Nobuko, and together they have

three children: Ann, Alan and Linda.

Rev. Akiyama devoted much of his efforts to the improvement of the temple property, but in the early 80s he extended his vision toward an ambitious project for the benefit of the wider community. Under his leadership, a coalition of people from the community, the City, the State, the Federal government and the Bishop Estate planned to build the Haleiwa Senior Citizens Center on a piece of property adjacent to the temple.

After countless hours of meetings and effort, this visionary project came to pass, and on October 19, 1982, a dedication ceremony was held. In his congratulatory letter, the late Gov. George Ariyoshi said, "This notable project is the first of its kind by a nonprofit organization in the State of Hawaii. The four-story apartment building, with 60 units, has made possible good housing for low- and moderate-income elderly persons, as well as handicapped persons. This project is also seen as a forerunner of other similar projects made possible through cooperative effort. A community, Rev. Akiyama often says, is like a hand that can do things only when all of the fingers work together as a group.

Recognizing that even ordinary people are interested in cultural and intellectual activities, Rev. Akiyama began an annual series called the Thanksgiving and Gratitude Seminar that ran from 1995 to 2009. The seminar featured speakers who addressed a wide variety of topics and were very popular, drawing people from all over Oahu. The seminars always closed with Rev. Akiyama saying in his characteristically measured way, "Thank you very much," and then inviting everyone to a sumptuous lunch prepared by temple members and served in the social hall.

For Rev. Akiyama, this communal spirit lies at the heart of the Shingon teaching of the central importance of diversity, equality and inclusion. Akiyama's temple is full of images of Shinto, Buddhist, Hindu, and native Hawaiian deities coexisting in harmony. We are all different, but we are all thrown together and we either cooperate or fight. This resonates with the spirit of Aloha, and this is why the Shingon minister from the snow country of Hokkaido feels so much at home in tropical Haleiwa. When asked for his thoughts about his record-breaking 68 years of service on the North Shore, Rev. Akiyama responded with characteristic gratitude. "Thank you," he said. "This place has been a good fit for me."

Haleiwa Shingon Mission Bon Dance

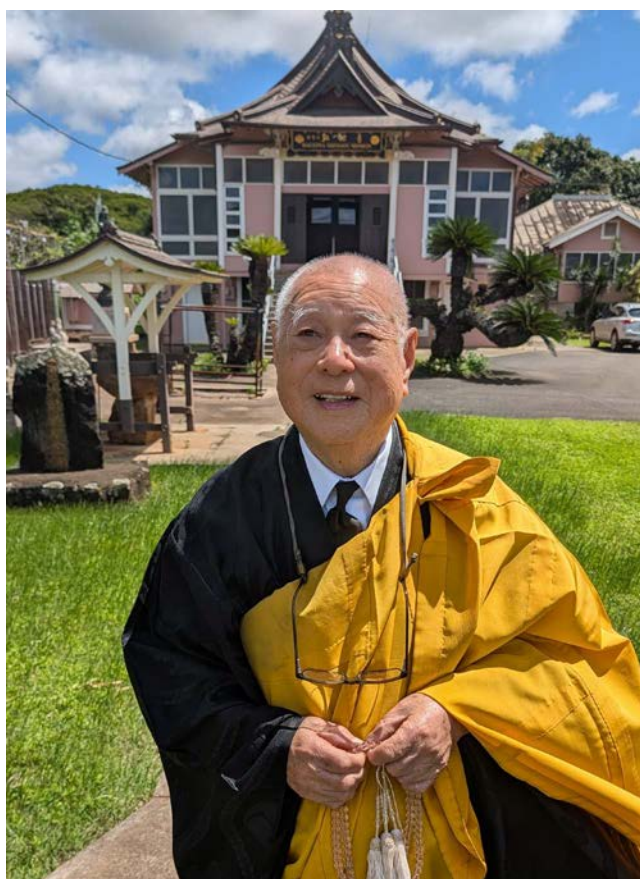
July 10 & 11, Service 6pm,
Bon Dance 6:45pm

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koolauloachc.org



Rev. Taiken Akiyama in front of the Haleiwa Shingon Mission on Paalaa Rd. Photo: G. Tanabe

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**2026
NORTH SHORE
HANAPA'A**

Jackpot Tournament

HALEIWA, HAWAII

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**HALEIWA SMALL BOAT HARBOR
JUNE 26TH & 27TH, 2026**

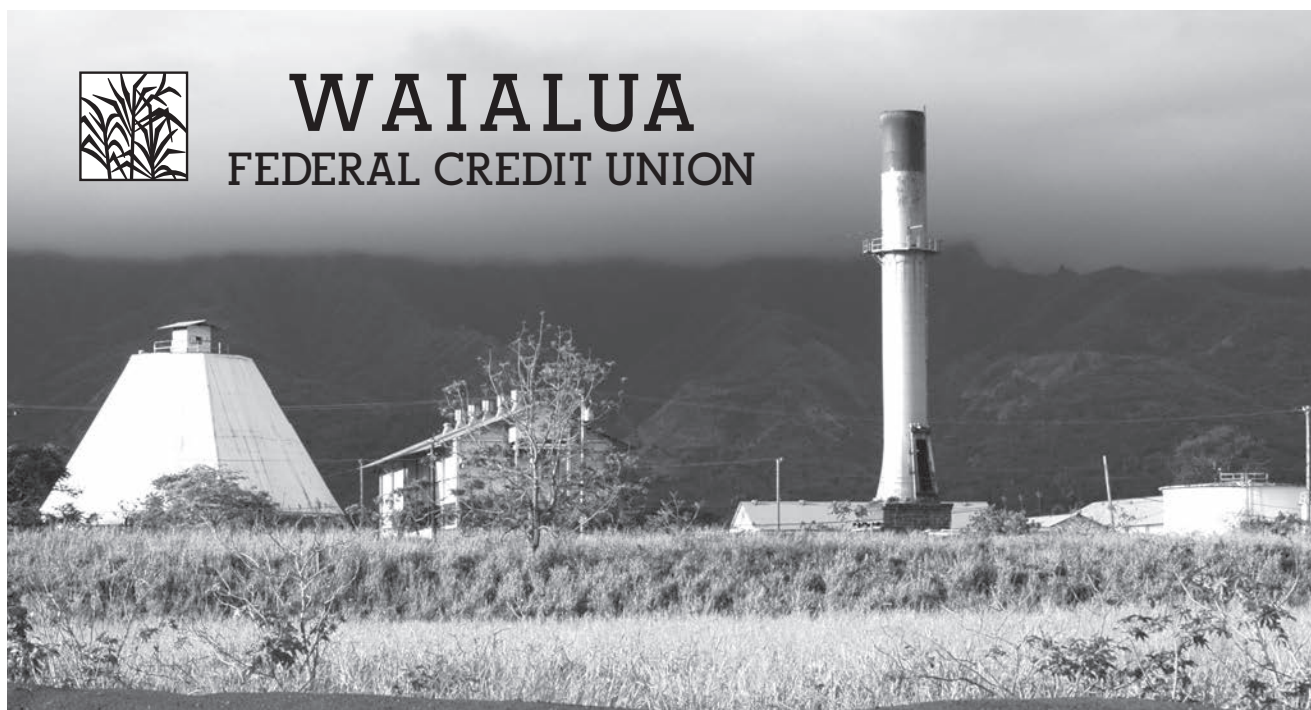
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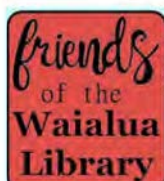


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Readers' Group

Thursday, May 28, 9:30 -11am

Title: "Passage to India" by:
 E.M. Forster

Writers' Group

Thursday, May 14, 9:30 -11am

Topic: "You never know what
 you're gonna get!"

Family Story &/or Craft Time

Saturdays, 10am

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Next Book Sale

Saturday, May 16, 9am-12pm

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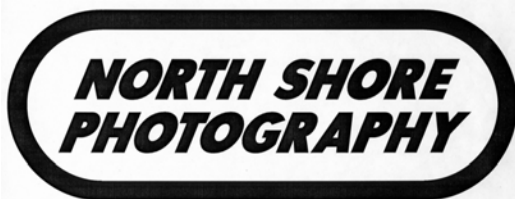
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WAIALUA HIGH & INTERMEDIATE SCHOOL
CELEBRATES

THE CLASS OF 2026

GRADUATION DAY
MAY 23 2026

5:30 PM - 6:30 PM
TOSHIYUKI NAKASONE FOOTBALL FIELD
*LEI CEREMONY TO FOLLOW



Kahuku Public & School Library

Hawai'i State Public Library System

May 2026

Events are subject to change.
Please see
librarieshawaii.org/Kahuku for
most up-to-date information.

SAT
5/2
1-3pm



**Battle of the Books
Competition @
Aloha Center Ballroom
(BYUH)**

**Mahalo to all
the Battle of
the Books
participants,
coaches,
schools,
volunteers, and
sponsors.**

TUE
5/5
5-6pm



**North Shore Singers
Company Spring
Concert**

TUE
5/12
3-7pm



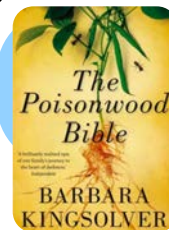
**Double Feature Movie
Night: *Mary Poppins***

Kūpuna Hour

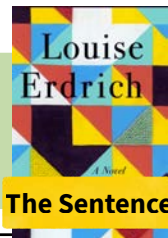
‘Ōlelo Hawai‘i
w/ Aunty Gigi and La‘a
1st + 3rd Thurs
May 7 and 21
at 10am

Games & TalkStory
2nd + 4th Thurs
May 14 and 28
at 10am

Book Club



**Friday
May 1st
1:30pm**



**Friday
June 5th
1:30pm**

**Every
MON
10am**

**Pre-K
Storytime**

Ages 2-5,
Kahuku Cool Lab

**Every
TUES
5:30pm**

**Tai Chi with
Mike Lin**

All Ages, Back
Lanai

**WED
5/20**

**+
5/27**

1-2:30PM



FOLK Announcement:
Book donations of
children's picture
books requested



**Library closed
5/25 - Monday
Memorial Day**



How Can You Help?

Sponsor a new backpack loaded with school supplies needed for each grade (K-12).

This year the Operation: Backpack team will be working with the area schools to distribute backpacks.

Organizations and businesses interested in sponsoring backpacks or school supplies please contact North Shore News.

We accept monetary donations:
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*Sponsored by North Shore News,
Once A Month Church and the
North Shore Community*

Correction:

North Shore News, April 8, 2026
Cover Story: Everyone Stepped Up!
Page 2, 7th paragraph -
"Wai'alua Community Center" correction is
"Wai'alua Community Association"

**North Shore
News**



**2026
Schedule**

PUBLICATION DATE	EDITION	DEADLINE DATE
June 3	6	May 20
July 1	7	June 17
July 29	8	July 15
August 26	9	August 12
September 23	10	September 9
October 21	11	October 7
November 18	12	November 4
December 16	13	December 2

*Notice: Pardon the inconvenience the NSN website
will be up soon.*

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Wednesday, May 20, 12 noon

Wednesday, June 17, 12 noon

Wednesday, July 15, 12 noon

Visit us at the WCA every 4th Wednesday
of the month 10am-1pm



For more information and
donations contact :
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Next Issue - June 3, 2026
Deadline Date - May 20, 2026

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MISCELLANEOUS

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 Organic produce, local
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Haleiwa First Baptist Church

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North Shore Service Center 4th Wednesday Every Month 10am - 12:30pm at the WCA (Hale'iwa Gym) Wednesday, May 27

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 Fishpond!
 Every Third Saturday
 9:00am - 12:00pm
 Visit lokoeka.org

Coconut Rhinoceros Beetle response:

for info visit hdoa.hawaii.gov/pi/main/crb/
 email: BeetleBustersHi@gmail.com
 phone: (808)643-7378
 call or text: (808)678-5244

**Hawai'i Statewide Marine
Animal Stranding,
Entanglement, and
Reporting Hotline**
*Includes stranded/injured sea
turtles, monk seals, dolphins,
and whales.*
Phone: (888) 256-9840

Haleiwa Town Center Office Space for Lease

Convenient location near
 Stonefish, Jorge's, Longs,
 Bank of Hawaii, and
 American Savings Bank.
 808-637-8000

Attention Home- School and
 Private School Grads
 in our next edition, we will
 honor and list the graduating
 students of Kahuku and Waialua
 High. Let us know if there is a
 home school or private
 school student residing on the
 North Shore that should be
 recognized.

Email information to:
 NSNHaleiwa@gmail.com
 Deadline date: May 20

St. Michael Parish Food Pantry

2nd & 4th Mondays
 8:30am - 10:30am

**Plant Sale
Waimea Valley**
 Saturdays, 8am - 12pm

Waialua Farmers Market

Saturdays 8:30am - 1pm
 at the Waialua Sugar Mill

North Shore Swim Series 2026

June 13, 1 mile
 Sunset Beach to Pipeline
June 27, 1.2 miles
 Waimea Bay
July 11, 1.6 miles
 Chun's Reef to Waimea
July 26, 2.3 miles
 Ehukai Beach to Waimea
**Entry fees to all 4
races ends**
**June 5th. All races
start at 9am.**
northshoreswimseries.com

HAWAIIPOLO.COM

@hawaiiipolo

HAWAII POLO CLUB

2026



POLO - TAILGATING - LIVE MUSIC - FOOD - VENDORS - BEACH BAR

APRIL

26TH Opening Day

MAY

3RD Cinco de Mayo / Waialua Fundraiser

10TH Mother's Day

17ST Chile vs Hawaii

24TH Memorial Weekend

31ST Derby Day

JUNE

7TH Chevy Cup/King Kamehameha Day

14TH Delgado Cup

21ST Fathers Day/FD Cup

28TH Polo & Picnic

JULY

5TH Independence

12TH Clive Cup

19TH Wahine

26TH Argentina vs Hawaii

AUGUST

2ND NYTS

9TH Paniolo Day

16TH India vs Hawaii

23RD India vs Hawaii

30TH Al Lopaka Day

SEPTEMBER

6TH Closing Day

Schedule subject to change without notice